



## EMPLOYEE OF THE MONTH

### LUIS NEGRON

"The employee of the month award for Luis is very much deserved. Luis is always willing to do whatever is asked of him even if it isn't in his assigned area. He has a great personality and is always polite"



## COMMUNITY EVENTS

### UPCOMING EVENTS:

- Shipshewana Lights of Joy** - Dec 1-31 (*Free*)
- Holiday Lights** - Dec 9-30 (\$10)
- Ugly Sweater Party** - Dec 15 (*Free to attend*)
- Santa Visit at NIBCO Park** - Dec 16 (*Admission*)
- Winter Wildlife** - Dec 16 (*Free*)
- Winter Pop-Up Market** - Dec 16 (*Free to attend*)
- Christmas Party with Santa** - Dec 18 (*Free*)
- Illuminated Trail Hike** - Dec 19 (*Free*)
- Family Fun Movie** - Dec 21 (*Free*)
- Movie: The Grinch** - Dec 21 (*Free*)
- Movie: The Polar Express** - Dec 22 (*Free*)
- The Super Mario Bros. Movie** - Dec 27 (*Free*)
- First Day Hike** - Jan 1 (*Free*)
- Winter Break Boredom Busters** - Jan 2 (*Free*)
- Adult Book Club** - Jan 3 (*Free*)
- Winter Break Book Hunt** - Jan 4 (*Free*)
- Goshen First Friday** - Jan 5 (*Free*)
- Teen Lock In** - Jan 12 (*Varies*)
- Adult Crafternoon** - Jan 15 (*Free*)

### WEEKLY RECURRING EVENTS:

- Tour of Trees** - Daily (*Free*)
- Santa's Sleigh Bar** - Daily (*Free to Attend*)
- Ballroom Monday** - Mondays (\$10)
- Darts** - Tuesdays (*Free*)
- Chair Yoga** - Thursdays (*Free*)
- Trivia Night Thursday** - Thursdays (*Free*)
- Westie Thursday** - Thursdays (\$10)



## FINANCIAL WELLNESS

### Earn up to \$250!

As an Associate of Specialized Staffing, you have the opportunity to earn incentives all while working towards greater financial literacy & achievement of financial goals.

### Program Details

- Participants will complete each MOD (*which includes a webinar and self-study modules*)
  - MODs must be reviewed and completed in consecutive order
  - MODs must be completed in person at a Specialized Staffing office. You will be required to schedule time with your local office.
  - Only (1) MOD can be completed per month
- Participants will earn \$25 for each Mod completed with the potential of earning up to \$250
- Participants must have a Savings Account on file with Specialized Staffing to receive payout. The Savings Account can be through 1st Source or any banking institution of choice
- Payouts will be processed monthly

### Who is Qualified?

- Participants must be actively employed with Specialized Staffing (*at the time of completion of each "MOD"*)
- Prior participants or friends and family are permitted to review webinars and complete modules but will **not** receive pay outs



## HEALTH & WELLNESS

### Sleep Well. Your Heart will Thank You.

Getting both good-quality sleep and the proper quantity of it are two of the most important things you can do for your overall health. Most adults need somewhere between seven and nine hours of good, quality sleep each night.

### Try These Tips

#### Consistency

Go to sleep and wake up the same time each day

#### Schedule

Make sure you can get 7-9 hours of sleep

#### Routine

Establish a relaxing bedtime routine

#### Comfort

Make your bedroom quiet, dark and comfortable

#### Exposure

Limit electronics 30 minutes before bed

#### Snacking

Avoid eating a large meal before bed

#### Caffeine

Avoid caffeine in the afternoon and evening

#### Fluids

Cut back on fluids to avoid having to use the bathroom

#### Alcohol

Avoid alcohol before bed

**[Click here to learn more!](#)**



# EMPLOYEE RESOURCES

Specialized Staffing has local resources such as food assistance, mental health services, shelters, and health care in one convenient location for employees to access.

## **DOMESTIC VIOLENCE 24-HOUR CRISIS LINE** **1-866-YES-YWCA**



### **Food Assistance**



### **Shelters & Residential Services**


#### **Guidance Ministries**

Hot meals served on Tuesday & Thursday & food pantry

 (574) 296-7192

#### **Safe Haven**

Women's residential shelter providing domestic violence support

 (574) 233-9491


#### **Faith Mission of Elkhart**

Emergency shelter & residential program

 (574) 293-3406


#### **Faith Mission of Elkhart**

Two hot meals provided daily, 365 days a year

 (574) 293-3406

#### **First Light Mission**

Temporary shelter for women & families

 (574) 534-2300

#### **Emerge Ministries Care Center**

Emergency temporary housing & homeless prevention program

 (574) 294-1303



### **Financial Assistance**




### **Mental Health**



### **Medical & Dental**

#### **Church Community Services**

Emergency financial services

 (574) 295-3673


#### **Oaklawn**

Mental health & addiction recovery services

 (574) 533-1234


#### **Heart City Health**

Medical & dental services

 (574) 970-1937

#### **Salvation Army**

Emergency rent & utility assistance services

 (574) 970-0088

For additional Elkhart Resources, visit:  
[thesourceelkhartcounty.org/resources](https://thesourceelkhartcounty.org/resources)

# INVESTING IN YOUR FUTURE

## WILL YOU BE AS LUCKY AS KENSEY SIMMS?

Kensey was the 2022 Annual Investing in Your Future Grand Prize winner.

Each year Specialized Staffing Solutions contributes \$15,000-\$20,000 toward this contest where one lucky winner will win a brand new car, contribution toward a higher education fund, or contribution to a new or existing mortgage.



# MONTHLY SAFETY SLOGAN

## ICE & SNOW TAKE IT SLOW!



# EMPLOYEE REFERRAL PROGRAM

**Have a friend you'd like to refer?**

When you refer a friend to Specialized Staffing and they complete their first day, you will receive a Specialized Staffing gift. After they complete 30 days on assignment, you will get a \$25 Walmart Gift Card!



## CONTACT OUR LEADERSHIP TEAM

If you have questions, comments, or concerns, please contact the SSS Leadership team at

[corpmgr@specializedstaffing.com](mailto:corpmgr@specializedstaffing.com)

